

# MEMBERSHIP FORM

— WELLNESS COMMITTEE 2024



Applications for the 2024 Wellness Committee membership are now being accepted. If you're enthusiastic about wellness and ready to contribute your unique perspective, apply now! **[Application Deadline: Feb 5, 2024]**

## COMMITTEE PURPOSE:

Fostering a workplace culture that prioritizes employee's well-being, leading a healthier, happier, and more productive workforce. Promotion of health awareness and building a supportive community. Organize wellness activities and offer resources such as counseling, fitness, nutritional, and mental health guidance from industry professionals.

## COMMITTEE RESPONSIBILITIES:

- Available for meetings
- Contribute valuable ideas & feedback
- Assist the committee with rolling out activities
- Find professional facilitators who are experts in their specific industry

## WHY JOIN?

- Foster a culture of health and positivity
- Gain leadership skills & build your network
- Implement exciting wellness initiatives & events
- Make a difference in our community's well-being

## PERSONAL INFORMATION

Name	:	<input type="text"/>			
Title	:	<input type="text"/>	Date	:	<input type="text"/>
Department or Site Name	:	<input type="text"/>	Phone Number	:	<input type="text"/>
E-Mail	:	<input type="text"/>			

Please provide a brief response for the following questions below:

What motivates you to join the Wellness Committee? \_\_\_\_\_  
\_\_\_\_\_

What skills or strengths do you possess that you believe would benefit our Wellness Committee's objectives?  
\_\_\_\_\_

On a scale of 1 to 10 (10 being the highest), how important is living a healthy life for you on an every day basis?  
\_\_\_\_\_

When completed, please submit this form to: [wellness@royalamerican.com](mailto:wellness@royalamerican.com)

THANK YOU FOR YOUR INTEREST