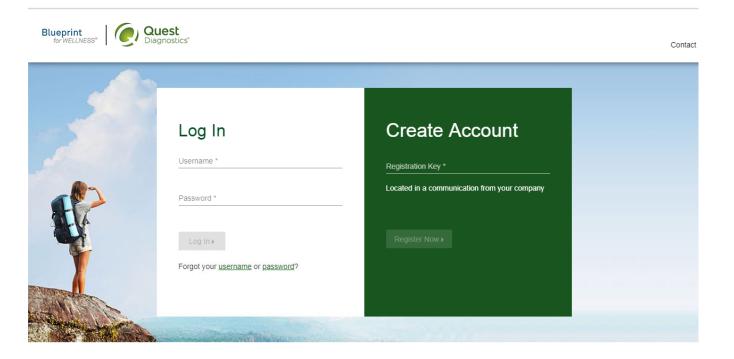




How register on My.QuestForHealth.com

- Visit <u>My.QuestForHealth.com</u>
- If you've already established an account, use the Log In area to enter your username and password and select the green Log In button
 - If you've forgotten your login information, use the **username** link to retrieve your username or the password link to reset your password
- If you've never registered on the site to establish an account, use the **Create Account** area, enter the registration key provided by your employer, and select the **Register Now** button



Please note: these screenshots are based on common browser resolution; actual screens may vary due to responsive design

Transform your health

Biometric screening results can provide powerful insights into your health and risks you may not currently recognize. Register and complete your screening to know your numbers, transform your health, and write the story of your life.



- · Read through the Quest Diagnostics Terms and Conditions
- Scroll to the bottom and select the Accept & Continue button



Terms and Conditions

Terms of Service: Quest Diagnostics Health & Wellness represents health benefit management programs with policies in place to maintain the confidentiality of your information consistent with Quest Diagnostics Notice of Privacy Practices, which may be found at.
 QuestDiagnostics.com/home/privacy-policy/online-privacy.html Our Privacy of Protected Health Information (PHI) policy requires that we"must obtain, maintain, use and disclose patient protected health information in a manner that protects patient privacy and complies with all state and federal laws." Though this is a voluntary program, should you choose not to accept these Terms and Conditions, you will not be able to participate.
 By participating in the wellness screening program(s) you acknowledge, and consent to, Quest Diagnostics Health & Wellness' disclosure of the data and outcomes of your Health Questionnaire and test results in accordance with the requirements of the Health Insurance and Portability and Accountability Act (HIPAA) and any other applicable laws. If you are providing family medical history or other genetic information through a Health Questionnaire or test results, you are also authorizing and consenting to the use of such genetic information for the purposes of the wellness screening program, you are also authorizing and consenting to the use of such genetic information may include blood pressure, BMI, and blood work results such as cholesterol, glucose, and triglycerides, in your spouse's data. Your employer will not receive your results in any form that may match the data to you, though your employer may receive de-identified, aggregated data from the entire population of participating employees.

Accept & Continue >

Download Terms and Conditions



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Contact

- Under **Confirm Your Eligibility**, enter your Unique ID, Date of Birth, and relationship to the organization
 - Your Unique ID should have been provided to you in an employer communication
 - Your relationship should be either **employee** or **spouse/domestic partner**
- select the green **Continue** button

Ques Diagnos	t tics"				Contact
	1 Confirm Your Eligiblity		2 Create Account	3 Enter Your Information	
	Confirm You				
	Please enter your Unique ID Employee ID * 123456789A	(which is your employee ID) as Birth Date * 02/15/1979 Example: 01/25/1980	nd date of birth		
	Relation * Employee	*			
	Continue >				
		f	© \$ 9 @		
Quest, Quest Diagnosti		owners. © 2000-2018	Contact marks are the registered trademarks o Quest Diagnostics Incorporated. All rigi e Asistencia de Idiomas / Aviso de no		operty of their respective

- Create a username and password to log in to your account
 - The password must be at least 8 characters long, include a number or special character, and include at least 1 uppercase and 1 lowercase letter
- select the green **Continue** button

est ostics"			Contact
Confirm Your Eligiblity	2 Create Account	Bnter Your Information	
Create Your Accou	int		
Password * ••••••• 8 Characters, Number or Special Character, Uppercase, I	Confirm Password *	<u>A</u>	
Continue ►			

- Verify/complete all of the information under Enter Your Information
 - Please note that an email address is required and will be used in a case where you need to retrieve your username or reset your password
- Verify/complete all of the information under Mailing Address
- Select if you would like to receive appointment reminders from Quest Diagnostics Health & Wellness
- select the green **Save** button

Quest Diagnostics			Hello,	llo, Sample Participant		
Quest Diagnostics			Schedule an Appointment	My Account	Contact	Log Off
My Account						
Enter Your Informa	ation					
First Name Sample		Last Name Participant				
Birth Date 02/15/1979	Gender* Female	Phone * ▼ 913.555.5555				
Example: 01/25/1980 Email Address * sampleparticipant@sample.com	1					2
Mailing Address						
10101 Renner Blvd		Address Line 2				
Country * United States	⊂ity * ▼ Lenexa	State * KS - Kansas	Postal Code * 66219			
Communication Pr	eferences					
I would like to receive appo	intment reminders from Quest	Diagnostics Health & Wellness.				
Save > Cancel						

• To schedule an appointment at an onsite event, in the **Wellness Screening** section, under **Onsite Event**, select the **Make an Appointment** button

Why You Should Participate

Biometric screening information may prevent or delay chronic conditions and complications such as hypertension, heart disease and diabetes. A screening includes a blood pressure check, height and weight measurement, and a lipid and glucose profile, which is a group of tests to determine the risk of coronary heart disease.

Biometric Screening

To get started, select an appointment method below.

Lab Patient Service Center

Schedule a screening at a nearby Quest Diagnostics lab location.

Schedule a Screening >

Physician Results Form

Download a form that your health provider completes with your recent test results.

Order Form >

Onsite Event

Participate at a biometric event at one of your organization's locations.

Make an Appointment >

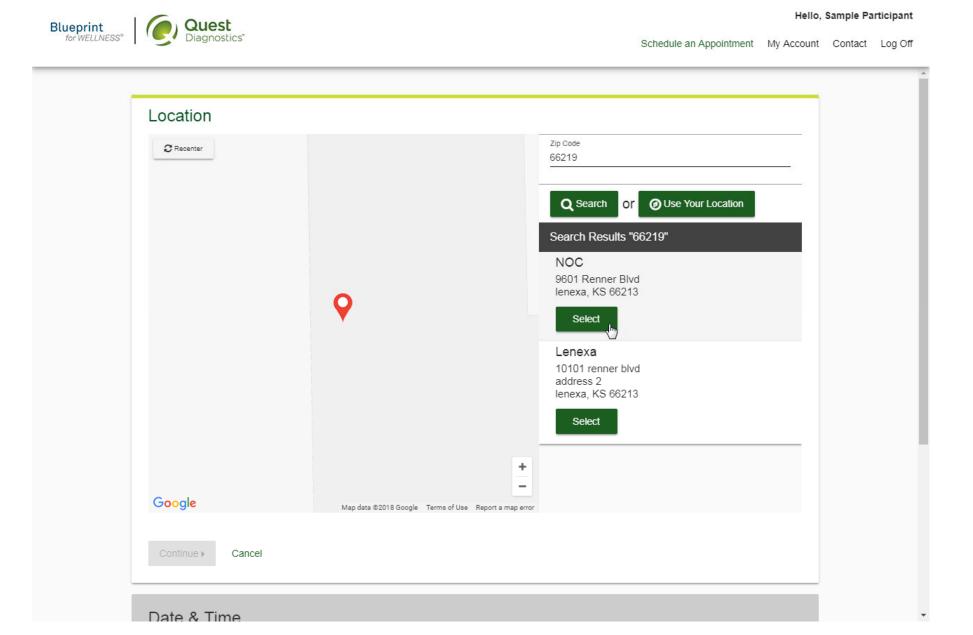
Self-collection

Complete your self-collection.





- · Select the onsite event location where you'd like to complete your screening
- select the Continue button



- The first available date will populate in the **Date** field; you can click the calendar icon to choose a different date
- Select the **Time** you would like to complete your screening. *Note: Unavailable times will not display*
- Select the **Continue** button

Blueprint for WELLNESS*	Hello, Sample Participant				
for WELLNESS® Diagnostics	Schedule an Appointment	My Account	Contact	Log Off	
				<u>^</u>	
Location	Change				
NOC 9601 Renner Blvd lenexa, KS 66213					
Date & Time					
Choose a date * 12/05/2018 Example: 01/25/1980					
Choose a time *					
Continue > Back					
Review & Confirm					
f 💿 🔊 🎔 in					
Contact FAQ About Us Privacy Policy Terms					
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- Verify that all the appointment details shown on the screen are accurate
- select the Confirm button
 - NOTE: Your appointment is not scheduled until you select the Confirm button

Blueprint for WELLNESS* Quest Diagnostics		Schedule an Appointment	Sample Participant		
-		Schedule an Appointment	My Account	Contact	LUG OII
	Location NOC 9601 Renner Blvd Ienexa, KS 66213	Chan	ge 📀		
	Date & Time Wednesday, Dec 05, 2018 8:08 AM	Chan	ge 💽		
	Review & Confirm Confirm Cancel Your appointment is not scheduled until you click confirm.				
				ß	

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- Once your appointment has been scheduled you will arrive at the Confirmation screen
- select the green **Back to Dashboard** link to return to the dashboard



Hello, Sample Participant

Dashboard My Account Contact Log Off

Thank you, Sample

Your wellness screening has been scheduled at the below location.

At an Event	Prepare For Your Appointment			
NOC 9601 Renner Blvd Ienexa, KS 66213				
Wednesday, Dec 05, 2018 8:08 AM Tests must be completed on or before: Monday, Dec 31, 2018	Drink plenty of water prior to your appointment	Continue to take all medications as prescribed by your healthcare provider	Do not eat or drink anything, except water, for 9-12 hours prior to the blood test	
Back to Dashboard ►	For questions, contact the	Health & Wellness Service	Center: 855.623.9355	

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- On the dashboard, you will be able to see your scheduled appointment
- You can select the green Download to Calendar link to add the appointment to your calendar
- If needed, you can use the green buttons to cancel or reschedule your appointment

Blueprint for WELLNESS®	Quest Diagnostics			Hello,	Sample Pa	rticipant
for WELLNESS®	Diagnostics"		Dashboard	My Account	Contact	Log Off
	Scheduled			_		
	Scheduled					
	At an Event					
	NOC 9601 Renner Blvd Ienexa, KS 66213	Reschedule Cancel				
	Wednesday, Dec 05, 2018 8:08 AM	<u>Need More information?</u>				
	mail Download to Calendar					
	∑s	<u>.</u>				
	Why You Should	Participate				
	Completing a screening gives and transform your health.	you the knowledge you need to identify your health risks				

Transform your health

Biometric screening results can provide powerful insights into your health and risks you may not currently recognize. See how these screening participants changed the <u>stories of their</u> <u>lives</u> with the information gained from screenings.



Did insights from your screening help you transform your health?