



Florida Blue   
**BetterYou**

- Free health screenings for cholesterol, diabetes, blood pressure and more — with immediate results!
- Tips on health related topics such as nutrition, diet and fitness.
- Valuable information to help you maximize your health benefits.
- Experts on site to answer your health questions.

Please make your appointment today. Appointments and masks are mandatory.

Fasting for two hours prior to the health screening is recommended, NOT required.