

Florida Blue's Blueprint for Wellness

2019
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Royal American and Florida Blue have partnered with Quest Diagnostics to bring you Blueprint for Wellness™ - a health and biometric screening that provides information about your body so you can take steps to be as healthy as you can be. If you do not have access to a local health fair, you can use this option to find out valuable information about your current health status and get personalized recommendations for getting healthier.

A FEW NOTES:

- The FREE health screenings are available for all covered employees and dependents age 18 or older.
- Flu Shots are covered at 100% under the Company's health care plan for covered employees and dependents.
- You can participate in the Health & Wellness Programs offered by Florida Blue by logging into Floridablue.com

IMPORTANT INFORMATION REGARDING YOUR ANNUAL WELLNESS EXAM

- To qualify as a wellness exam, your physician's office MUST code the exam as strictly a wellness exam WITHOUT any other diagnosis codes - verify this at checkout and your visit should be FREE.
- The annual wellness exam is a standalone exam that CANNOT be combined with treatment for any illness or health complaints.
- Logon to Florida Blue's Website (Claims and Expenses tab) or contact Florida Blue at the number on your insurance card to verify the date of your most recent wellness exam. <https://www.floridablue.com/>

YOUR INFORMATION IS STRICTLY CONFIDENTIAL

At Royal American, we believe that your personal health information should remain just that...your personal and private information. That's why we've partnered with Florida Blue's Health and Wellness Program. Florida Blue will process all of the information and provide you directly with your customized health report. No one at Royal American will see any personal information. Again, the information that you gain from this offering is yours and yours alone.

Our goal at Royal American is a simple one—protect the health and well-being of every single employee. Working together we can make the rest of your life, the best of your life.

CONTACT THE HR HOTLINE (850-914-8456) WITH ANY QUESTIONS.