

How to Complete your Health Assessment

1. Login to www.floridablue.com
 2. On the right side of the page you will see "Your Guide to Better Health" Better You Strides click "Get Started"
 3. Select Active Program or Select Add Programs
 4. Find the Health Assessment WellCard and click on join now/get started
 5. The Health Assessment WellCard will now be added to your Active Programs tab
 6. On the Health Assessment WellCard, click show activities/take Health Assessment
 7. Your completed Health Assessment will now be located under Previous Programs
- Complete all Health Assessment questions**

View your wellness report

